NREM Period

|  |  |
| --- | --- |
| NREMpi\_pc | % of Total Sleep Time spend the ith NREM period |
| NREMpi\_Wake\_pc | % of epoch scored as WAKE in the ith NREM period |
| NREMpi\_N1\_pc | % of epoch scored as NREM 1 in the ith NREM period |
| NREMpi\_N2\_pc | % of epoch scored as NREM 2 in the ith NREM period |
| NREMpi\_N3\_pc | % of epoch scored as NREM 3 in the ith NREM period |
| NREMpi\_REM\_pc | % of epoch scored as REM in the ith NREM period |

REM Period

|  |  |
| --- | --- |
| REMpi | % of Total Sleep Time spend the ith REM period |
| REMpi\_Wake\_pc | % of epoch scored as WAKE in the ith REM period |
| REMpi\_N1\_pc | % of epoch scored as NREM 1 in the ith REM period |
| REMpi\_N2\_pc | % of epoch scored as NREM 2 in the ith REM period |
| REMpi\_N3\_pc | % of epoch scored as NREM 3 in the ith REM period |
| REMpi\_NREM\_pc | % of epoch scored as NREM 1, NREM 2, NREM 3 in the ith REM |
| REMpi\_REM\_pc | % of epoch scored as REM in the in the ith REM |